

## Movement Games: Tall As A Tree

Tall as a tree *(stretch arms overhead)*Wide as a house *(stretch arms out to sides)* 

Thin as a pin *(arms tight against sides)*Small as a mouse *(crouch down)* 

## Tips:

Feel free to set this to a song, or just chant the words rhythmically!
You can experiment with saying the rhyme slowly or quickly, as well.