



Lap Bounce: Bumpy Road

Smooth Road, Smooth Road

Bumpy Road, Bumpy Road

Rough Road, Rough Road

Hole!

Suggested Motions:

Smooth Road = move your child in a circular motion on
your lap

Bumpy Road = bounce your child on your lap

Rough Road = Increase height/speed of the bounce

Hole = gently drop your child between your legs



Lap Bounce: Let's Go Riding

Let's go riding in an elevator

Let's go riding in an elevator

First floor,

Second floor,

Third floor,

Fourth floor,

Fifth floor,

DOWWWWWN!

Suggested Motions

- Lifting your child up at each "floor"
- Bringing your child quickly back to your lap on "down"

Lap Bounce: Shoe the Little Horse

Shoe the little horse
Shoe the little mare
But let the little colt
Run free everywhere!

Suggested Motions

- Patting child's left foot/right foot
 - Bicycling child's feet
- Shaking your child's hands gently

Tips:

*You could use arms/
hands instead, and al-
so substitute different
animals with the
chant!*

Ready 2 Read!

Lap Bounce: This Is the Way...

This is the way the ladies ride,
trit, trot, trit, trot

This is the way the gentlemen ride,
jiggity jog, jiggity jog

This is the way the farmers ride,
hobblety hoy, hobblety hoy

This is the way the cowboys ride,
Buckaroo, hoo! Buckaroo hoo!

And this is the way the hunters ride,
galloping galloping galloping over the fence. . .

Jump!

Tips:

You can do different bounces for ladies, gentleman, and cowboys, and do a BIG motion for the JUMP part (falling backwards, lifting your baby up, etc). You can also play around with how FAST or SLOW you say the words, and the motions!

Fingerplays: Eensy Weensy Spider

The eensy weensy spider
Climbed up the water spout (*crawl fingers up*)
Down came the rain (*bring spread fingers
down*)
And washed the spider out! (*sweep hands to
sides*)
Out came the sun (*arms make a circle over
head*)
And dried up all the rain
And the eensy weensy spider
Climbed up the spout again (*crawl fingers up*)

Variations

- Itsy Bitsy Spider—small, tiny voice
- Great Big Hairy Spider—deep voice

Ready 2 Read!

Fingerplays: Here are Grandma's Glasses

Here are Grandma's glasses (*circle eyes with thumbs to fingers*)

Here is Grandma's cap (*hands on head*)

This is how she folds her hands

And puts them in her lap (*fold hands in lap*)

And here are Grandpa's glasses (*make bigger circles with hands*)

And here is Grandpa's hat (*hands make big hat*)

And this is how he folds his arms (*fold arms*)

Just like that! (*nod head decisively*)

Variations

- At the end, you can say "And takes a little nap!" (*snooooore*)

Fingerplays: Five Fat Peas

Five fat peas (*make a fist*)
In a pea pod pressed
One grew, two grew
So did all the rest (*open fingers one by one*)
They grew and grew
And did not stop (*wiggle fingers*)
Until at last
That pea pod popped! (*clap hands*)

Ready 2 Read!

Fingerplays: Open, Shut Them

Open, shut them

Open, shut them

Give a little clap!

Open, shut them

Open, shut them

Hide behind your back!

Creep them, creep them,

Slowly upward to your cheek

Open wide your shiny eyes

And through your fingers peek

Open, shut them

Open shut them

Give a little clap!

Open, shut them

Open, shut them

Lay them in your lap!

Ready 2 Read!

Movement Games: First I Find A Foot

First I find a foot,
And I hop, hop, hop (*stand on one foot
and hop*)

Then when I get tired
I stop, stop, stop (*foot stamps on each
“stop” and FREEZE*)

Turn around and count to ten (*turn
around*)

Then I find a foot, and I hop again! (*hop
on other foot*)

Tips:

Learning to “stop” is a good skill for young children! Whether they are feeling frustrated, and angry, or maybe doing something dangerous, knowing how to “STOP” is good self-regulation!



Movement Games: Jack in the Box

Jack in the box (*crouch down*)

Jack in the box,

Oh so still!

Won't you come out?

Won't you come out?

Won't you come out?

YES I WILL! (*shout and jump up!*)

Tips:

Feel free to set this to a song, or just chant the words rhythmically! You can experiment with saying the rhyme slowly or quickly, as well.

Ready 2 Read!

Movement Games: Tall As A Tree

Tall as a tree (*stretch arms overhead*)

Wide as a house (*stretch arms out to sides*)

Thin as a pin (*arms tight against sides*)

Small as a mouse (*crouch down*)

Tips:

Feel free to set this to a song, or just chant the words rhythmically!

You can experiment with saying the rhyme slowly or quickly, as well.

Ready 2 Read!

Movement Games: Teddy Bear, Teddy Bear

Teddy bear, teddy bear, turn around (*start in standing position then turn around*)

Teddy bear, teddy bear, touch the ground
(*touch ground*)

Teddy bear, teddy bear, tie your shoe
(*pretend to tie your shoe*)

Teddy bear, teddy bear I love you! (*give yourself a hug*)

Teddy bear, teddy bear turn out the light
(*pretend to turn out the light*)

Teddy bear, teddy bear, say “Good night!” (*blow a kiss*)

Tips:

Make up your own teddy bear actions! Brush your teeth, comb your hair, stomp your feet, there are many possibilities!

Ready 2 Read!

Fingerplays: Where is Thumbkin?

Where is Thumbkin? *(one fist behind back)*

Where is Thumbkin? *(other fist behind back)*

Here I am! *(bring out one fist, thumb raised)*

Here I am! *(bring out other fist, thumb raised)*

How are you today, sir? *(first thumb wiggles)*

Very well, thank you! *(second thumb wiggles)*

Run away! *(first fist behind back)*

Run away! *(other fist behind back)*

Variations

- Repeat with different fingers (Pointer, Tall Man, Ring Man, Small One/Pinky)