



Lap Bounce: Bumpy Road

Smooth Road, Smooth Road

Bumpy Road, Bumpy Road

Rough Road, Rough Road

Hole!

Suggested Motions:

Smooth Road = move your child in a circular motion on
your lap

Bumpy Road = bounce your child on your lap

Rough Road = Increase height/speed of the bounce

Hole = gently drop your child between your legs